



# Geary County

## 4-H NEWS



*A Newsletter for 4-H Families and Volunteers*

*January 2019*

### **Geary County 4-H Club Day**

4-H Club Day will be held **February 16<sup>th</sup>** at the First Presbyterian Church in Junction City. Pre-entry forms and event descriptions were included with the December newsletter and are also available online at <http://www.geary.k-state.edu/4-h/>. Entry forms are due to the Extension Office by **January 28<sup>th</sup>** at 5:00pm.

### **4-H Day Room Monitors Needed**

Room monitors are needed for Geary County 4-H Day on February 16<sup>th</sup>. Please call the Extension Office at 238-4161, email Ginger at [gkopfer@ksu.edu](mailto:gkopfer@ksu.edu), or mark the appropriate box on your entry form to volunteer.

### **Post-Secondary Education Scholarships**

Applications for 4-H scholarships are due to the County Extension Office by **January 28<sup>th</sup>** at 5:00pm. More information is available at the Extension Office or in the December 4-H Newsletter. You can apply for all of the available scholarships by filling out the Kansas 4-H Scholarship Application packet that can be picked up at the Extension Office. This packet can also be found online at <http://www.geary.k-state.edu/4-h/forms.html>.

### **Geary County Extension Website**

Check out the Geary County Extension website at <http://www.geary.ksu.edu>. Pay special attention to the 4-H section which includes newsletters, a calendar of events and a forms section that should be especially helpful.

### **Rural Address Signs**

Reflective rural address signs are still available at the Extension Office. Proceeds benefit the 4-H program. Contact us to get your sign today!

### **Judging Contests and Spring Shows**

Information about upcoming judging contests and spring shows can be found online at [http://www.geary.k-state.edu/4-h/shows\\_judging%20contests.html](http://www.geary.k-state.edu/4-h/shows_judging%20contests.html).

### **Pitch Party Fundraiser**

Join us for a Pitch Party to raise funds for the Geary County 4-H Interstate Exchange Program. The party will be held on Sunday, February 10<sup>th</sup> at the 4-H/Senior Citizens Center starting at 5:00pm. Check out the flyer in the December 4-H Newsletter or online at <http://www.geary.k-state.edu/4-h/>. A limited number of spots for this fun event are available, so sign up ASAP!

## **Beef Weigh-in**

Weigh-in will be held on Sunday, February 24<sup>th</sup> from 2:00 to 3:00pm. We will be weighing and tagging market beef cattle. Please bring \$3.00 for each tag that you will need.

## **Horse Level Testing**

Now is a great time to get started on your horse Achievement Level testing if you haven't already done so. All District Horse Show participants will need to have completed the appropriate level testing by June 1<sup>st</sup> (9-13 year olds Level 1, 14 and up Level 1 and 2). In order to participate in the 4-H horse show at the Kansas State Fair, 4-H members must qualify at the District Horse Show scheduled for July 1<sup>st</sup> in Salina.

## **Upcoming Youth Livestock Events at K-State**

The K-State Youth Livestock Program has some exciting events planned for the upcoming months. Mark them on your calendar now and plan to attend!

Junior Swine Producer Day – March 9 (early registration due February 15)

Junior Meat Goat Producer Day – March 30 (early registration due March 11)

More information on these events can be obtained at the Extension Office or online at <http://www.youthlivestock.ksu.edu>. The K-State Youth Livestock Program has Twitter and Facebook accounts to keep everyone updated on information and deadlines. Go to the webpage listed above to find links to these accounts.

## **Sale Committee Volunteers**

Club leaders are, or will soon be, searching for adult and youth volunteers to serve on the fair sale committee. Sale committee members represent their club to help make sale-related recommendations to the Fair Board. Contact your club leader to volunteer.

## **4-H Judging Contest Guide**

A guide to 4-H judging contests can be found online at [http://www.geary.k-state.edu/4-h/judging\\_contest\\_guide.html](http://www.geary.k-state.edu/4-h/judging_contest_guide.html). The guide includes information about what to expect during judging contests. The guide and the website include links to resources to help 4-H members prepare for the contests. Now would be a great time to check out this website since judging contests are held during 4-H Day each year.

## **Volunteer Screening**

Any Club Leaders, Project Leaders, and Jr. Project Leaders over 12 years of age will need to fill out the volunteer screening form and complete training if they haven't done so. The forms to fill out are available at the Extension Office or online at <http://www.geary.k-state.edu/4-h/forms.html>. The required training will now be offered through 4HOnline. An instructional brochure has been developed to help you navigate the process. The brochure can be found at <http://www.kansas4-h.org/resources/volunteers/volunteer-screening-resources/index.html> under *Online Orientation Course*. Please note that you will have to set up an account in 4HOnline if you have not done so already, before you can complete the online orientation. Thank you for helping to make sure Geary County 4-H members have a safe 4-H experience.

## **Remind No Longer Working with Verizon**

We just learned that the Remind program we've been using to send 4-H related text message reminders to those who have signed up will no longer work with Verizon Wireless. Beginning January 28<sup>th</sup>, those with Verizon will not receive the Remind messages. If this affects you, you can sign in to Remind at <https://www.remind.com> and enable email notifications under your account and the communication tab. You can also download the Remind: School Communication mobile app. Verizon is charging Remind a fee intended for companies that send spam over its network which is causing this change. They are working to resolve this issue and we will keep you informed of any progress in future newsletters.

## **Eagle Day Volunteer Opportunity**

Milford Nature Center is looking for volunteers to help with Eagle Day at Milford Lake on January 26<sup>th</sup>. Volunteer opportunities include serving popcorn and hot chocolate. Volunteers should contact Pat Silovsky at 785-238-5323 or [pat.silovsky@ks.gov](mailto:pat.silovsky@ks.gov) to volunteer.

## **Multi-County Photo Workshop**

This annual event will be held April 14<sup>th</sup>, starting at 11:30am at the Auburn Community Center in Auburn, KS. Registration and fee is due by April 1<sup>st</sup>. The day will begin with a photography judging contest and then will include workshop classes ranging from beginning level to advanced level. There is something for everyone! An informational flyer and registration form is available online at [http://www.geary.k-state.edu/4-h/shows\\_judging%20contests.html](http://www.geary.k-state.edu/4-h/shows_judging%20contests.html).

## **Citizenship in Action**

Would you like to have more influence in laws and rules that affect your life? Then you'll want to attend Kansas 4-H Citizenship in Action! This two-day event will be held Sunday, February 17<sup>th</sup> through Monday, February 18<sup>th</sup>, 2019 in Topeka. All youth who are at least 13 years old are eligible to attend. The purpose of this event is for Kansas 4-H members to learn how the state legislative process works and how their voice and participation in decision-making can make a difference in their communities. Registration is due by February 1<sup>st</sup>. The fee is \$175, but the Geary County 4-H Foundation will pay half of this fee for Geary County 4-H members who complete a scholarship request form that is available at the Extension Office or at <http://www.geary.k-state.edu/4-h/forms.html>. If you are interested, you can find more information and register at <http://www.kansas4-h.org/events-activities/conferences-events/citizenship-in-action/index.html> or contact the Extension Office.

## **Apply Now for Hosting Exchange Participants this Summer**

If your family is interested in hosting an exchange participant this summer, visit <http://www.kansas4-h.org/events-activities/global-citizenship/index.html> or contact Mary Kay Munson at 238-3631 or [munson@ksbroadband.net](mailto:munson@ksbroadband.net). Exchange participants are expected from Finland, Costa Rica, Japan, and other countries unknown at this time. Interested families should apply now for the full array of options. The exchanges have summer hosting periods of 3 to 4 weeks between June and September.

**Invitation to Participate  
in Dickinson County  
4-H Basketball  
Tournament**

This event will be held on March 9<sup>th</sup> starting at 8:30am at the District Gymnasium in Chapman. Entry fee is \$10 per team. The tournament is an annual tradition in Dickinson County that encourages teamwork and wellness in members and their clubs. For the 2019 tournament, Geary County 4-H clubs are invited to participate. The deadline is February 1 for Geary County entries. More information and the roster entry form is included with the newsletter. Questions can be addressed to the Dickinson County Extension Office at 785-263-2001.

**Change to Fair Auction  
Participation  
Requirements for 2019**

4-H members will be required to attend at least 4 regular monthly meetings of the 4-H club in which they are enrolled between October 1 and June 30 to participate in the project/livestock auction held at the end of the fair in 2019. Official record of meetings attended will be the club secretary's book. This requirement does not limit fair participation, only participation in the auction. The decision to make this change was made by the Fair Board after much discussion and consideration, and on recommendation to make a change from the 4-H Council. Notification was sent out via hard copy mail and email along with being printed in the newsletter so families can plan ahead now to make sure they meet the requirement if youth want to participate in the auction.

**Calendar of Events**

**January**

- 19 Northeast Leadership Event at Rock Springs
- 22 Interstate Exchange Group meeting in Chapman, 6:30pm
- 25-27 Dog Judge's Certification & Training, South Hutchinson
- 25-27 4-H Horse Panorama at Rock Springs
- 26 Eagle Day at Milford Lake
- 28 4-H Scholarship Applications due to Extension Office by 5pm
- 28 4-H Day entries due to Extension Office by 5pm

**February**

- 1 Citizenship in Action registration deadline
- 1 Dickinson County 4-H Basketball Tournament registration deadline
- 4 4-H Council Meeting @ 4-H/Senior Citizens Center – 7pm
- 10 Pitch Party Interstate Exchange Fundraiser, 5pm @ 4-H Building
- 15 Junior Swine Producer Day registration deadline
- 16 4-H Day @ JC 1<sup>st</sup> Presbyterian Church
- 17-18 Citizenship in Action Conference, Topeka
- 22 State 4-H Horse Judging Contest
- 22-23 4-H Ambassador Training @ Rock Springs
- 24 Beef Weigh-in, 2 to 3pm

**March**

- 4 4-H Project Meeting Evening
- 9 Junior Swine Producer Day, Manhattan
- 9 Dickinson County 4-H Basketball Tournament, Chapman
- 11 Junior Meat Goat Producer Day registration deadline
- 23 Regional 4-H Day, Clay Center High School
- 30 Junior Meat Goat Producer Day, Manhattan
- 30 4-H/Senior Citizens Center Building Fundraiser

**April**

- 1 Multi-County Photo Workshop registration deadline
- 1 Project Meeting Evening

## 4-H Day Presentation Hints

### Tips on Appearance and Talking

- Dress appropriately and comfortable. Be well groomed.
- Stand on both feet instead of rocking back and forth or leaning on the table.
- Be friendly – SMILE!
- Show interest and enthusiasm in what you are doing.
- Look at the audience. This is a “must” in keeping attention.
- Talk loud enough to be easily heard.
- Don’t talk too fast.

### Tips to Combat Nervousness

- Be well prepared – making a list of needed items will help you not to forget anything
- Arrive early
- Yawn to relax your throat
- Breathe deeply, evenly, and slowly for several minutes
- Be yourself
- Remember that the audience wants you to succeed

### Poster and Chart Tips

- *Size*

Make letters big enough to be read. Consider letter width as well as height. Here are some suggested letter sizes in relation to distance.

<u>Distance from viewer</u>	<u>Minimum size</u>
3 feet	¼”
8 feet	½”
15 feet	1”

Make sure the poster is able to stand by itself on the easel. Many times the poster board is hard to view when it is bent.

- *Color*

Color makes a difference, both in attractiveness and readability. Posters in two colors are easier to read than multi-colored ones. Avoid multi-colored letters and words. Here are some suggestions for poster colors.

<u>Use:</u>	<u>Don’t Use:</u>
black on yellow	white on red
green on white	white on orange
blue on white	white on black
black on white	red on yellow
yellow on black	green on red
white on blue	red on green

- *Subject*

Don’t attempt to say too much with the poster medium. State the main idea and support it with a limited number of points. An outline form works well with posters.

- *Lettering*

Use upper case and lower case letters. Avoid using all capitals because they make the poster harder to read. Avoid script and other fancy letters. Instead, use neat, well-spaced block letters. Use a pencil to design your poster then fill in with magic markers, crayons, etc. Try using a straight edge to lightly rule the poster board before making letters to keep them straight.

**K-STATE**  
Research and Extension



Geary  
County

**K-State Research and Extension**

**Geary County**

119 E. 9<sup>th</sup> Street

P.O. Box 28

Junction City, KS 66441

(785) 238-4161



January 15, 2019

Welcome to 2019! The start of a new year is a great time to make goals, including general goals for 4-H and goals for your 4-H projects. It is a proven fact that if you write down your goals, you are more likely to achieve them, so get out those KAP forms and complete Section 1 right away.

A handwritten signature in black ink that reads "Ginger D. Kopfer".

Ginger D. Kopfer  
County Extension Agent

K-State Research and Extension is an equal opportunity provider and employer. K-State Research and Extension is committed to making its services, activities, and programs accessible to all participants. If you have special requirements due to a physical, vision or hearing disability, please contact Ginger Kopfer at 785-238-4161.

# 71<sup>st</sup> ANNUAL 4-H BASKETBALL TOURNAMENT

March 9, 2019

Saturday Start Time - 8:30 a.m.

District Gymnasium, Chapman Kansas

**TOURNAMENT SPONSOR: KVK, INC., Woodbine**



## PURPOSE

The purpose of the Dickinson County 4-H Basketball Tournament is to provide 4-Hers **who do not participate in interscholastic basketball competition** the opportunity to participate in a team sport. Play to the level of your opponent. We want everyone to enjoy the experience of 4-H basketball.

## ELIGIBILITY

1. Enrollment must have been completed in 4HOnline by November 1. **(EXCEPTION - First year 4-Hers, 7th grade and under.)**
2. 4-Hers with incomplete records in 2018 are ineligible.
3. **Cloverbud 4-Hers are NOT eligible to play basketball.**
4. Basketball -- 4-Hers in grades 8<sup>th</sup> – 12<sup>th</sup> who have been a member of a school basketball squad and played school ball in the current school year will not be eligible to play 4-H Basketball. (Intramural basketball does not count.)
5. Each club may have a maximum of two teams in the tournament in one of these combinations – Girls/Boys, Girls/Co-ed, or Boys/Co-ed. Co-ed teams will play in the boys tournament bracket. It is preferred that clubs make single gender teams if they have five or more of that gender on the roster. If there are a high number of one gender, some may be placed on a co-ed team roster to join the other gender if it is lacking players for a team. Teams must play as rostered. Any adjustments to rosters must be submitted to the 4-H basketball committee before the start of the tournament.
6. Geary County 4-H clubs are invited to participate in the tournament starting in 2019.



## TOURNAMENT RULES

1. **BE A GOOD SPORT!** This includes players, coaches, parents, and other 4-Hers!
2. **Respect our referees.** Referees are paid a nominal fee. Due to differences in age and skill of players, these games are difficult to officiate.
3. Tournament will be single elimination with all teams guaranteed to play two games.
4. Team rosters are to have at least five names to enter a team and at least 4 players must start the game. Clubs that do not have enough players for a team can submit a roster of individual players for \$1/member. These players will be placed on teams.
5. **DO NOT BRING BASKETBALLS FROM HOME!** Basketballs will be furnished;  
**NO OTHER BASKETBALLS WILL BE ALLOWED IN THE GYM.**
6. Team members are strongly encouraged to wear the same color of shirt or jersey, with a different number for each player.
7. **Each time a team plays, the team is to supply two members or adults to keep score, spot players, etc. The coach is responsible for score keeping if an adult is not available.**
8. Games will be two twelve-minute halves with two one-minute timeouts per half per team, and a 5-minute half. The clock will only stop for time-outs, fouls, and during the last two minutes of the game for dead balls. There will be five minutes between games.
9. Three-point shots will be allowed only in the Championship game.
10. Five fouls per person.
11. Half court press allowed if ahead by less than 10 points. Defense must drop to the 3-point line with lead of 10 points or greater. No full court press allowed.
12. Remove all jewelry, no hair pins.

13. **NO FOUL LANGUAGE will be tolerated from anyone associated with the 4-H Basketball Tournament.** Failure to abide by this rule will result in ejection.
14. Coaches are asked to sign before the tournament that they understand the rules. High school coaches require an adult assistant.

#### **ROUND ROBIN RULES**

15. If no teams are tied, then the won-loss record is used.
16. If one team is 2-0, the winner of the head to head game between the other teams will be in the 3rd place game.
17. If each team wins a game: A defeats B, B defeats C, C defeats A; then the 13-point tie-breaker is used to determine the first place team. (A wins by 12 points, they would get 12 and B would lose 12. B wins by 10, C loses 10. C wins by 14 they would get 13 points and A would lose 13.)
18. If 2 or 3 of the teams with the highest point differential tie then total defensive points will be used to determine the team that would be 1st place.
19. If all the above ends in a tie, then the teams will be drawn from a hat.

**Committee requests a coach's meeting prior to the start of each game.**

Revised 1/2019





# 4-H BASKETBALL ROSTER

Due by January 15, 2019 online at <https://tinyurl.com/2019BBallRosters> or at the office.

Club \_\_\_\_\_

Entry Fee: \$10.00 per team, \$1 extra players payable to 4-H Council.

**If you are unsure about what teams you will be entering, fill in as girls and boys and then check the rules about entering a co-ed team.**

## TEAM ROSTER – BOYS (include name & phone number)

- |          |           |
|----------|-----------|
| 1. _____ | 6. _____  |
| 2. _____ | 7. _____  |
| 3. _____ | 8. _____  |
| 4. _____ | 9. _____  |
| 5. _____ | 10. _____ |

COACH: \_\_\_\_\_ PHONE: \_\_\_\_\_

## TEAM ROSTER – GIRLS (include name & phone number)

- |          |           |
|----------|-----------|
| 1. _____ | 6. _____  |
| 2. _____ | 7. _____  |
| 3. _____ | 8. _____  |
| 4. _____ | 9. _____  |
| 5. _____ | 10. _____ |

COACH: \_\_\_\_\_ PHONE: \_\_\_\_\_

## TEAM ROSTER – CO-ED (include name & phone number)

- |          |           |
|----------|-----------|
| 1. _____ | 6. _____  |
| 2. _____ | 7. _____  |
| 3. _____ | 8. _____  |
| 4. _____ | 9. _____  |
| 5. _____ | 10. _____ |

COACH: \_\_\_\_\_ PHONE: \_\_\_\_\_

## INDIVIDUAL PLAYERS COST: \$1.00/Member

### BOYS

- |          |          |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

### GIRLS

- |          |          |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |