



Geary County

4-H NEWS



A Newsletter for 4-H Families and Volunteers

January 2021

Geary County 4-H Club Day

4-H Club Day will be held virtually for 2021. Live virtual Model Meetings and Gavel Games will be held on **February 20, 2021** via Zoom. All other presentations will be recorded and submitted electronically by the deadline of noon on February 20th. Group dance, drama, and music presentations will not be allowed this year. Pre-entry forms and event descriptions were included with the December newsletter and are also available online at <https://www.geary.k-state.edu/4-h/>. Entry forms are due to the Extension Office or online at <https://tinyurl.com/4HDay2021> by **January 25th** at 5:00pm. Tips for recording videos are included with this newsletter. Information about uploading videos will be shared with those who pre-enter. Check your email and the February 4-H Newsletter for all of the details about virtual judging contests.

4-H Day Resources

Central Kansas District 4-H has created a video about preparing and presenting 4-H speeches that may be helpful and can be viewed at <http://tinyurl.com/clubdayvideo>. Kansas 4-H Communication Fact Sheets and event score sheets are available at <http://www.geary.k-state.edu/4-h/resources.html> and may also be helpful to you as you prepare for 4-H Day.

Post-Secondary Education Scholarships

The Kansas 4-H program is changing the way 4-H scholarship applications are submitted for 2021. The application for state scholarships will be submitted online by March 1st and is available at <https://www.kansas4-h.org/resources/4-h-library/awards-and-recognition/scholarships.html>. The Geary County scholarship application will also be submitted online with a deadline of February 12th at 5:00pm. More information will be sent to high school seniors via email this week. Anyone else who would like to receive this information should contact the Extension Office.

Geary County Extension Website

Check out the Geary County Extension website at <http://www.geary.ksu.edu>. Pay special attention to the 4-H section which includes newsletters, a calendar of events and a forms section that should be especially helpful.

Record Book Project Meeting Evening Recording

The Record Book Project Meeting Evening to introduce new record forms was recorded and is available online at <https://www.geary.k-state.edu/4-h/>. If you haven't already done so, now is a great time to review these new forms and make goals for your 4-H projects this year.

In-Person 4-H Meetings & Events

K-State Research & Extension and Kansas 4-H have decided that the preferred method for all extension and 4-H meetings and events is by virtual means until we are no longer facing the COVID-19 challenge. If you would like to hold any in-person 4-H meeting or event, you will need to work with Ginger to complete a Face to Face Meeting necessity form at least 2 weeks prior to the meeting or event. This form will ask for a brief description of the proposed meeting or event, including educational objectives; justification of why the meeting or event needs to be held in person; and a detailed plan for COVID-19 mitigation during the meeting or event. K-State Research & Extension administration will review the forms and provide feedback. If you have questions about this or would like to complete a Face to Face Meeting necessity form, please contact the Extension Office. This process will be reviewed and potentially changed at the end of March.

Citizenship in Action

Citizenship in Action will be a virtual event in 2021. Plans are being made for programming on February 14th and 15th. Sunday afternoon (1:00 to 5:30pm) will focus on deliberation and finding common ground. On Monday, the program will begin after lunch and be an opportunity to hear how others decided to make a difference and personal planning to do the same (1:00 to 4:30pm). Registration is due Monday, February 1. More information is available online at <https://www.kansas4-h.org/events-activities/conferences-events/citizenship-in-action/index.html>.

Beef Weigh-in

Weigh-in is tentatively scheduled for Sunday, March 28th from 2:00 to 3:00pm. We will be weighing and tagging beef cattle. More information will be shared with project members as the date gets closer.

Horse Level Testing

Now is a great time to get started on your horse Achievement Level testing if you haven't already done so. All District Horse Show participants will need to have completed Level 1 testing by June 1st. In order to participate in the 4-H horse show at the Kansas State Fair, 4-H members must qualify at the District Horse Show scheduled for July 1st in Salina.

Upcoming Youth Livestock Events at K-State

The K-State Youth Livestock Program has some exciting virtual events planned for the upcoming months. Mark them on your calendar now and plan to attend!

- Junior Swine Producer Week – February 15-20 (registration due February 8)
- Junior Meat Goat Producer Week – March 15-20 (registration due March 8)

More information on these events can be obtained at the Extension Office or online at <http://www.youthlivestock.ksu.edu>. The K-State Youth Livestock Program has Twitter and Facebook accounts to keep everyone updated on information and deadlines. Go to the webpage listed above to find links to these accounts.

Sale Committee Volunteers

Club leaders are, or will soon be, searching for adult and youth volunteers to serve on the fair sale committee. Sale committee members represent their club to help make sale-related recommendations to the Fair Board. Contact your club leader to volunteer.

4-H Judging Contest Guide

A guide to 4-H judging contests can be found online at http://www.geary.k-state.edu/4-h/judging_contest_guide.html. The guide includes information about what to expect during judging contests. The guide and the website include links to resources to help 4-H members prepare for the contests. Now would be a great time to check out this website to prepare for virtual 4-H Day contests.

Sign Up to Receive 4-H Reminders

The Extension Office is using the Remind program to send 4-H-related reminders to 4-H families. To sign up to receive reminders, go to <https://www.remind.com/join/geco4h>.

Volunteer Screening

Any Club Leaders, Project Leaders, and other adult volunteers in direct contact with youth will need to fill out a profile in 4HOnline and complete training if they haven't done so. Information about creating or updating a profile in 4HOnline and the required training offered through 4HOnline is available at <http://www.geary.k-state.edu/4-h/forms.html>. Thank you for helping to make sure Geary County 4-H members have a safe 4-H experience.

Fair Auction Participation Requirement for 2021

4-H members will be required to attend at least 4 regular monthly meetings of the 4-H club in which they are enrolled between October 1 and June 30 to participate in the project/livestock auction held at the end of the fair in 2021. Official record of meetings attended will be the club secretary's book. This requirement does not limit fair participation, only participation in the auction. Plan ahead now to make sure youth meet the requirement if they want to participate in the auction.

Apply Now for Academic Year and Summer Inbound Exchanges

Applications from teens for 2021-2022 Academic Year Exchanges with Japan, South Korea, FLEX (Europe and Asia) and YES (Southern Europe, Asia and Africa) programs should be arriving in February. Kansas families who would like to host should contact Mary Kay Munson at mkm2@ksu.edu or 785-375-3189 for an application and information about the programs. Contact Mary Kay for information on Inbound States' 4-H one-month exchanges with countries other than Japan. Applications are due March 1.

Food Drive Competition Results

On behalf of Wheels of HOPE, thanks for collecting 775 non-perishable food items during November 4-H Club meetings! Blue Line 4-H Club won the competition, donating an average of 13.6 items per member. They will get to smash a pie in the face of at least 3 extension staff members once in-person meetings resume.



Calendar of Events

January

25 4-H Day entries due to Extension Office or online by 5pm

February

1 CIA registration due

1 4-H Council Meeting, 7pm via Zoom

8 Junior Swine Producer Week registration deadline

12 Geary County 4-H Scholarship Application deadline

14-15 Citizenship in Action Virtual Conference

15-20 Junior Swine Producer Week

20 4-H Day live virtual Model Meetings & Gavel Games

20 4-H Day electronic presentation submissions due by noon

March

1 4-H Project Meeting Evening

1 Kansas 4-H Scholarship Application deadline

8 Junior Meat Goat Producer Week registration deadline

15-20 Junior Meat Goat Producer Week

27 Regional 4-H Day live virtual Model Meetings & Gavel Games

27 Regional 4-H Day electronic presentation submissions due by midnight

28 Beef Weigh-in, 2 to 3pm (tentative)

June

1-4 Virtual 4-H Discovery Days

17 Camp Counselor Training, Rock Springs

18-21 4-H Camp at Rock Springs

July

18-22 Geary County Free Fair

In some ways, recording your 4-H presentation is like presenting it at 4-H Day. In other ways, it's a bit different.

- The communication fact sheets and score sheets found online at <https://www.geary.k-state.edu/4-h/resources.html> apply to in-person and virtual presentations.
- Presentations can be recorded anytime. Don't wait until the last minute and cause stress because of technology or other issues.
- Information on uploading videos will be provided to those who pre-enter. The deadline for uploading videos is Saturday, February 20th by noon.

4-H Day Virtual Presentation Hints

Tips on Appearance and Talking

- Dress appropriately for the topic of your presentation
- Stand on both feet instead of rocking back and forth or leaning
- Be friendly – SMILE!
- Show interest and enthusiasm in what you are doing
- Look at the camera so the person watching the video will feel like you are speaking directly to him or her
- Talk loud enough to be easily heard
- Don't talk too fast

Tips to Combat Nervousness

- Yawn to relax your throat
- Breathe deeply, evenly, and slowly for several minutes
- Be yourself

**4-H Day Virtual
Presentation Hints,
continued**

Tips for Recording Presentations

- Recordings can be done with a smartphone, web cam, digital camera, or camcorder
- All recordings should be taken in landscape mode
- Do a test to make sure everything is set up the way you want it for your video to look and sound great
- Use a tripod or something solid to position the camera to keep it steady
- Use the highest quality setting (resolution) you can
- Pay careful attention to the surroundings when you get ready to record
 - It is a quiet space with no background noise?
 - Will you be able to work without being interrupted?
 - What will the viewer see in the background of your video? It should be clean, neat and uncluttered.
 - Does the location allow for adequate lighting? Be sure to light up your face and the subject of your video.
- If the audio isn't loud and clear, you may need to get closer to the recording device or change locations

Visual Aid Tips

Consider how to best display visual aids. The key is to think about whether the viewer will be able to clearly see what you want them to see.

• **Size**

Make letters big enough to be read. Consider letter width as well as height. Here are some suggested letter sizes in relation to distance.

<u>Distance from viewer</u>	<u>Minimum size</u>
3 feet	1/4"
8 feet	1/2"
15 feet	1"

• **Color**

Color makes a difference, both in attractiveness and readability. Visuals in two colors are easier to read than multi-colored ones. Avoid multi-colored letters and words. Here are some suggestions for colors.

<u>Use:</u>	<u>Don't Use:</u>
black on yellow	white on red
green on white	white on orange
blue on white	white on black
black on white	red on yellow
yellow on black	green on red
white on blue	red on green

• **Subject**

Don't attempt to say too much with visuals. State the main idea and support it with a limited number of points. An outline form works well.

• **Lettering**

Use upper case and lower case letters. Avoid using all capitals because they make the visuals harder to read. Avoid script and other fancy letters.

Instead, use neat, well-spaced block letters. If making a poster, use a pencil to design your poster then fill in with magic markers, crayons, etc. Try using a straight edge to lightly rule the poster board before making letters to keep them straight.

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January 19, 2021

Welcome to 2021! The start of a new year is a great time to make goals, including general goals for 4-H and goals for your 4-H projects. It is a proven fact that if you write down your goals, you are more likely to achieve them, so get out those new project report forms and complete Section 1 right away.

A handwritten signature in black ink that reads "Ginger D. Kopfer".

Ginger D. Kopfer
County Extension Agent

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting the event contact (Ginger Kopfer) two weeks prior to the start of the event at gtkopfer@ksu.edu or 785-238-4161. Requests received less than two weeks before the event will be honored when it is feasible to do so.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service

K-State Research and Extension is an equal opportunity provider and employer.