## **KANSAS SNAP-ED** 2020 Impact Report



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This institution is an equal opportunity provider.

Contact Information Lisa Ross, RD, LD Kansas SNAP-Ed Program Coordinator Kansas SNAP-Ed programming is coordinated and delivered by Kansas State Research and Extension in 59 counties and 4 Federally Recognized Tribes across Kansas. SNAP-Ed provided direct nutrition education to youth, adults, and seniors and partnered with local agencies and organizations using multi-level intervention and community engagement to exert greater impacts among Kansans.

Over 46,000 Kansans were reached by SNAP-Ed programs through multi-level intervention.

An average of 206,162 Kansans per month received SNAP benefits.

## theCHALLENGE



1 in 3 Kansas adults are obese



1 in 6 Kansas adults and **1** in **5** Kansas children faced hunger during COVID-19



2 in 5 Kansans consumed fruit less than once per day



1 in 5 Kansans consumed vegetables less than once per day



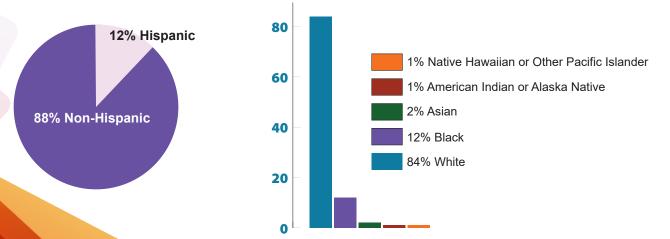
Kansas adults are physically inactive



## theOUTCOMES

theSOLUTION

We empower limited resources Kansans to make healthy food choices and become physically active by providing a series of direct education lessons, reaching over 5,500 Kansans.



## **2020 SNAP-Ed COUNTIES OR DISTRICTS**

