



| Agency                                | Contact Information  | Hours of Operation | Updated Services Available   |
|---------------------------------------|--|--------------------|--|
| <p><b>Kansas State University</b></p> | <p>K-State Research and Extension News.<br/>COVID-19 Extension Resources<br/><a href="https://www.ksre.k-state.edu/news/stories/about-us/covid-19-extension.html">https://www.ksre.k-state.edu/news/stories/about-us/covid-19-extension.html</a></p> <p>K-State Research and Extension specialists are subject matter experts in numerous aspects of life that have been affected by the COVID-19 pandemic. They provide unbiased, fact-based help in these subjects free of charge for the benefit of everyone in Kansas and the rest of the world. As our society faces the challenges of maintaining health-oriented practices, social isolation, school closures, financial pressures and more, these resources can help as you navigate through this challenging situation.</p> <p>Local K-State Research and Extension agents are still on the job during this time. They, too, are practicing social distancing. Email is the best way to reach them, but call forwarding and voicemail allow for closed local offices to be reached by phone as well (some responses could be delayed). To find out how to reach your local agents, visit the K-State Research and Extension county and district directory.<br/><a href="https://www.ksre.k-state.edu/about/stateandareamaps.html">https://www.ksre.k-state.edu/about/stateandareamaps.html</a></p> <p>As a land-grant university, K-State is actively involved in the fight against COVID-19, including research projects, outreach efforts and faculty experts. K-State Coronavirus Disease 2019 (COVID-19) Updates:<br/><a href="https://www.k-state.edu/covid-19/communications/">https://www.k-state.edu/covid-19/communications/</a></p> |                    | <p><b>The safest way to celebrate winter holidays is at home with the people who live with you. Travel and gatherings with family and friends who do not live with you can increase your chances of getting or spreading COVID-19 or the flu.</b></p> <p><b>Traveling increases the risk of contracting or spreading COVID-19. If you must travel, it is important to consider the following factors associated with travel or celebrating with others who live outside of your household.</b></p> <ul style="list-style-type: none"> <li>• <b>The community levels of COVID-19.</b></li> <li>• <b>The location and duration of the gathering.</b></li> <li>• <b>The number of people attending the gathering.</b></li> <li>• <b>The locations attendees are traveling from.</b></li> <li>• <b>The behaviors of attendees before and during the gathering.</b></li> </ul> <p><b>Learn more about how to travel safely:</b><br/><a href="https://www.k-state.edu/today/announcement/?id=70435">https://www.k-state.edu/today/announcement/?id=70435</a></p> |

State of Kansas

Office of the  
Governor

Kansas  
Department of  
Health and  
Environment

Kansas Governor Laura Kelly  
<https://www.facebook.com/GovLauraKelly>

Kansas COVID-19 Response and Recovery  
<https://covid.ks.gov/>

COVID-19 Cases in Kansas  
<https://www.coronavirus.kdheks.gov/160/COVID-19-in-Kansas>

KDHE Coronavirus (COVID-19) Response  
<https://www.coronavirus.kdheks.gov/>

Plan to Reopen Kansas:  
[www.coronavirus.kdheks.gov/255/Plan-to-Reopen-FAQs](http://www.coronavirus.kdheks.gov/255/Plan-to-Reopen-FAQs)

County Reopening Plans:  
<https://kdem.maps.arcgis.com/apps/opsdashboard/index.html#/24011ba92bdf400d975228148aea547b>

Ad Astra: A Plan to Reopen Kansas:  
<https://covid.ks.gov/wp-content/uploads/2020/05/Reopen-Kansas-Framework-v6.2-5.19.20.pdf>

Executive Order No. 20-68  
Nov 19, 2020  
<https://governor.kansas.gov/wp-content/uploads/2020/11/EO-20-68-Face-Coverings-protocol-Executed-2.pdf>

Executive Order No. 20-68, establishing a face coverings protocol. This document shall be filed with the Secretary of State as Executive Order No. 20-68. It shall become effective as of 12:01 a.m. on November 25, 2020, and remain in force until rescinded or until the statewide State of Disaster Emergency extended by House Bill 2016 enacted during the June 2020 special session relating to COVID-19 and later extended by the State Finance Council--expires, whichever is earlier. This order may be extended or modified as circumstances dictate.

Getting a flu shot protects your health and the health of your loved ones. With COVID-19 still active in our communities, getting a flu vaccination can help prevent further overloading of our medical centers.

**Kansas Coronavirus Disease 2019 (COVID-19) Overview:**  
**COVID-19 Cases: 194,569**  
**Hospitalizations: 6,050**  
**Statewide Deaths: 2,253**  
**Negative Tests: 723,696**  
**(updated 12/16/2020)**

The Governor's office launched the COVID-19 public health campaign, "Stop the Spread. It's Up to Us, Kansas." They encourage everyone in Kansas to get a free COVID-19 test to help stop the spread and keep our economy and schools open. Find a free testing location near you:  
<https://www.gogettested.com/kansas>

**TO find a location near you for a free COVID-19 test:**  
<https://www.gogettested.com/kansas>

Guidance for Celebrating the Holidays -  
The safest way to celebrate the holidays this year is with the people in your household. If you choose to gather with people outside of your household, plan ahead to create safer alternatives. Take a look at our guidance, and refer to your local city or county guidance as well, which may be more restrictive.  
<https://www.coronavirus.kdheks.gov/DocumentCenter/View/1610/KDHE-Guidance-for-Celebrating-Holidays>

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| <b>ATA Bus</b>                        | <p>Ph: (785) 537-6345<br/> Toll Free: (877) 551-6345<br/> <a href="http://www.facebook.com/FlintHillsATAbus">www.facebook.com/FlintHillsATAbus</a></p> <p><a href="http://www.rileycountyks.gov/1664/Routes-Services">www.rileycountyks.gov/1664/Routes-Services</a></p> <p>Call to request an infant seat. Individuals displaying symptoms asked not to ride the bus. Capacity is limited to 10 riders or less. High-touch areas sanitized daily; the entire bus sanitized weekly. The first two seats behind the driver are not available for riders.</p> <p>USD 475 High School and Middle School students can ride for free in JC, with a USD475 ID. Students can ride an aTa Bus anywhere all-year.</p> <p>Spanish Brochures are now available for:<br/> - Junction City:<br/> <a href="https://www.rileycountyks.gov/DocumentCenter/View/19762/Junction-City-COVID-19-Espa%C3%B1ol-pdf">https://www.rileycountyks.gov/DocumentCenter/View/19762/Junction-City-COVID-19-Espa%C3%B1ol-pdf</a><br/> - Manhattan/Ogden:<br/> <a href="https://www.rileycountyks.gov/DocumentCenter/View/19763/ManhattanOgden-COVID-19-Espa%C3%B1ol-pdf">https://www.rileycountyks.gov/DocumentCenter/View/19763/ManhattanOgden-COVID-19-Espa%C3%B1ol-pdf</a></p> | <p>Hours of operation:</p> <p>Purple and Red Routes<br/> Mon-Fri<br/> 7:00am – 5:00pm</p> | <p><b>Junction City and Manhattan Service Changes, effective 12/21 –</b></p> <p><b>Junction City: <a href="http://bit.ly/3p0IPhz">bit.ly/3p0IPhz</a></b><br/> <b>The Purple Route bus will now arrive at stops twice an hour.</b></p> <p><b>Manhattan, Monday-Friday: <a href="http://bit.ly/38fKVne">bit.ly/38fKVne</a></b><br/> <b>Route 2 and Route 3 are now split Monday-Friday. The bus will come every hour.</b><br/> <b>Route 1: Will no longer access the Health Department</b><br/> <b>Route 2: Will go to the Health Department Monday-Friday</b><br/> <b>Manhattan. Saturday: <a href="http://bit.ly/3p0dbRs">bit.ly/3p0dbRs</a></b><br/> <b>The Saturday schedule looks very similar to the current routes with Route 2 and Route 3 merged.</b></p> <p><b>Please call with questions, (785) 537-6345.</b></p> |
| <b>Bartell Place Senior Residence</b> | <p>Ph: (785) 238-3000<br/> <a href="http://www.homesteadks.org/senior-residences.html">www.homesteadks.org/senior-residences.html</a></p>  | <p>NO WALK-INS</p>  | <p>Please call or email for services.</p>  |
| <b>Bicentennial Manor</b>             | <p>Ph: (785) 762-2058<br/> <a href="http://www.keymgmt.com/properties/1010-w-eighth-junction-city-ks">www.keymgmt.com/properties/1010-w-eighth-junction-city-ks</a><br/> Please call for services.</p>   | <p>NO WALK-INS<br/> Mon – Fri<br/> 8:00am – 4:30pm</p>                                    | <p>No activities until after January 4, 2021 or until further notice.</p>  |

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| <p><b>12<sup>th</sup> Street Community Center</b></p> | <p>Ph: (785) 238-7529<br/> 1002 W 12th Street<br/> <a href="http://www.facebook.com/12thStreetJC">www.facebook.com/12thStreetJC</a></p> <p><u>Schedules:</u><br/> Yoga, M-W-F 9:00 – 10:00am<br/> S.I.M., M-W- F 10:30 – 11:30am<br/> Zumba, M-W-F 6:00 – 7:00 PM<br/> In the GYM, (limit 30).<br/> Walkers and Fitness Center users, 7:00 – 9:30am<br/> Pickleball, 9:30am – 12:00pm<br/> Open Gym, 12:00pm – 7:00pm<br/> Limit 30 people. Games allowed. No spectators. M, W, F gym will close at 5:30 to set up for Zumba</p> | <p>Hours of Operation:</p> <p>Office hours:<br/> Mon - Fri 7am-5pm</p> <p>Building hours:<br/> Mon-Fri 7am-9pm, Sat 1pm-9pm, Sun 1pm-5pm</p> | <p><b>The Junction City Police Department's Community Involvement Unit will be giving away bicycles of all sizes on Monday, December 21st, 2020 from 1:00 pm until 3:30 pm. These bicycles will be given away as is - first come first served. <a href="https://www.facebook.com/events/301995591137670">https://www.facebook.com/events/301995591137670</a></b></p> <p>We are taking reservations for our Multipurpose Room and our Kitchen. The MP room will allow up to 30 people, the Kitchen up to 15. All rooms will be sanitized prior to and after use. <b><u>Facemasks must be worn</u></b> in the building only removed while eating. Facemasks are required in 12th Street, when in public area of the Center. Classes that can maintain 6' social distancing can remove their masks while in class, but must put them back on while in public areas of the building.</p> |
| <p><b>Breaking Bread</b></p>                          | <p>Ph: (785) 587-9529<br/> <a href="http://www.facebook.com/BreakingBreadofJC/">www.facebook.com/BreakingBreadofJC/</a></p> <p>Jefferson Award winner, Debbie Savage!</p> <p>Anyone in the community is welcome to attend the Friday meal giveaway at the 12<sup>th</sup> Street Center. There is no requirement for participation. Please remain in your car. Meals handed to you through your window.</p>  | <p>Fridays 5:00 - 7:00pm or until they run out of food.</p>  | <p><b>Breaking Bread will serve meals on December 18 at the 12<sup>th</sup> Street Center, but not on December 25 and January 1.</b></p> <p><b>JCNaz will have their annual Christmas Dinner as a drive-thru pickup and a call-for-delivery for those shut-in or working and can't leave.</b></p>  |

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| <p><b>Catholic Charities of Northern Kansas</b></p> | <p>Ph: (785) 323-0644<br/> <a href="https://www.facebook.com/catholiccharitiesofnorthernks">https://www.facebook.com/catholiccharitiesofnorthernks</a></p> <p>Call for additional services.</p> <p>For the monthly schedule, go to <a href="https://ccnks.org/mobile-outreach">https://ccnks.org/mobile-outreach</a></p> <p>If carpooling, each client must provide photo ID and piece of certified mail proving different households to receive more than one food box and hygiene bag.</p> | <p>JC Church of the Nazarene church parking lot, 1025 S Washington Street</p> <p><b>January 6<br/>January 20</b><br/>9:00am – 10:00am or until supplies are depleted.</p> <p>Please stay in your car and staff will come to you</p> | <p><b>The Catholic Charities of Northern Kansas offices will be closed from December 24 to January 3. To make sure they can process all emergency assistance applications before the break, they will stop taking new applications at the end of the day next Tuesday, December 22. Services will return on Monday, January 4.</b></p> <p>Monthly Mobile Food and Hygiene Distribution:</p> <ul style="list-style-type: none"> <li>• 1st and 3rd Wednesdays</li> <li>• 9:00am – 10:00am, or until supplies are depleted.</li> </ul> <p>Households within 130% of Kansas poverty guidelines can receive one food box each month and one hygiene bag every other month. Food boxes contain non-perishable food items. Items may vary depending on availability.</p> |
| <p><b>The Crisis Center Hotline</b></p>             | <p>Ph: (785) 762-8835<br/>         Outside the Manhattan/Junction City area:<br/>         Ph: (800) 727-2785<br/> <a href="http://www.thecrisiscenterinc.org">www.thecrisiscenterinc.org</a></p> <p><a href="https://www.facebook.com/pages/category/Nonprofit-Organization/The-Crisis-Center-Inc-361666736851/">www.facebook.com/pages/category/Nonprofit-Organization/The-Crisis-Center-Inc-361666736851/</a></p>  | <p>24-hour crisis hotlines available</p>  | <p>Fully operational and able to help. Clients screened for COVID-19 before face-to-face contact. Call for services.</p>  |

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| <p><b>Delivering Change</b></p>               | <p>Ph: (785) 238-0300<br/> <a href="https://deliveringchange.org/">https://deliveringchange.org/</a><br/> <a href="http://www.facebook.com/DeliveringChange/">www.facebook.com/DeliveringChange/</a></p> <p>All services provided to clients at <u>no charge</u>. Available Services:</p> <ul style="list-style-type: none"> <li>• Preconception, prenatal, postpartum, and interconception women, infants/children, and fathers</li> <li>• Prenatal scholarship program</li> <li>• Prenatal education classes</li> <li>• Home visiting services</li> <li>• Fatherhood education and support</li> <li>• Breastfeeding clinic and support.</li> </ul>   | <p>Mon-Fri<br/> 8:00am-5:00pm</p> <p>Providing Case Management and Care Coordination for Geary County families.</p>   | <p>Virtual Becoming a Mom Prenatal Classes - January 11-15, 2021, 6:00pm to 8:00pm</p> <p>Call 785-238-0300 to register.</p>   |
| <p><b>Dorothy Bramlage Public Library</b></p> | <p>Ph: (785) 238-4311<br/> Library Director Susan Moyer,<br/> susanm@jclib.org</p> <p><a href="http://www.jclib.org/">www.jclib.org/</a><br/> <a href="http://www.facebook.com/dorothybramlagepubliclibrary/">www.facebook.com/dorothybramlagepubliclibrary/</a></p> <p>When the library building is closed, you can access library Wi-Fi from outside the building. Select <i>dbplwireless</i>, and use the password <i>publiclibrary</i>.</p> <p>Reminder that masks and face coverings are required in the library. All patrons 2+ years of age must wear proper face coverings while entering and inside the library. This means masks and face coverings that completely cover the nose and mouth, and secure to the head with ties, straps or ear loops.</p> | <p><b>The library is closed until further notice.</b></p> <p>Mon-Thurs,<br/> 9:00am-9:00pm<br/> Fri, 9:00am-6:00pm<br/> Sat, 9:00am-5:00pm<br/> Sun, 1:00pm-5:00pm</p> <p>Vulnerable populations are encouraged to visit the library from 9:00-10:00am with the exception of Sundays.</p> | <p><b>The library is closed until further notice.</b></p> <p><b>The outside book drop, located at the north entrance, is available. For questions, please email <a href="mailto:jclibrary@jclib.org">jclibrary@jclib.org</a> or leave a voicemail at (785) 238-4311.</b></p> |

**Eagle  
Communication**

Ph: (785) 762-5525

<https://jcpost.com/>

**Free COVID-19 testing is being offered in Junction City. Posted Dec 18, 2020 –**

**In Junction City:**

- **Dick Edwards Auto Plaza at 375 Grant Ave.**
- **Open seven days a week**
- **Hours: 8:30 a.m. to 4:30 p.m.**

For state and community updates.

**Free COVID-19 testing is being offered in Junction City. Posted Dec 18, 2020 -**

**NIC and State of Kansas Offer are offering free, painless COVID-19 Testing in Junction City. It begins Friday, Dec. 18 and is available seven days a week. Digital government solutions firm NIC Inc. and the State of Kansas are expanding TourHealth COVID-19 testing in Kansas to include a site in Junction City. TourHealth testing in Kansas is also offered in Olathe, Leavenworth, Colby, Goodland, Hays and Russell.**

**Beginning Friday testing in Junction City will be available from 8:30 a.m. to 4:30 p.m. seven days a week at the Dick Edwards Auto Plaza, 375 Grant Ave. They will be closed on Christmas Day.**

**Appointments are encouraged and can be made online for streamlined communications and results delivery. To register online, visit [www.tourhealth.com](http://www.tourhealth.com), register and sign up for the preferred date and location. Drive-up will be allowed without appointments.**

**Individuals do not need to be symptomatic or need a referral to be tested. All testing is provided at no cost regardless of insurance or country of residence.**

**Episcopal  
Church of the  
Covenant**

Ph: (785) 238-2897  
[episcopaljc@gmail.com](mailto:episcopaljc@gmail.com)

<http://www.episcopaljc.com/wordpress/>

<https://www.facebook.com/covenantjc/>

**SOCKS & UNDERWEAR DRIVE UNTIL DEC. 22!**

Please consider donating new socks and/or underwear in adult and child sizes for Covenant's Community Dinner guests. Monetary contributions are also welcome. Items may be dropped off at the church during the week or at the rectory at 315 W. 4th St.

**NO WALK-INS**

M, T, W, F:  
9am - 1pm

Thursday  
9am - 4pm

**The Episcopal Church of the Covenant is feeding approximately 130 people or more each week.**

**Thank you to parish and community volunteers and donors, who range in age from 4 to nearly 80!**

Feeding Ministries:  
Interested in volunteering? Do you have an hour to spare from 5 to 6 p.m. on a Tuesday evening every few weeks? They would welcome your help at a dinner! They are busy but also have fun and enjoy wonderful fellowship.

The free Tuesday evening Community Dinners continue with hot meals for anyone who needs a dinner! These are a help yourself sack supper, including a hot, homemade, and hearty main dish, fruit, and dessert. Sacks will be available outside the church at 4th and Adams beginning at 5:30 p.m. Meals are often all distributed before 6 p.m.

**ALL ARE WELCOME!**



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| <p><b>First United Methodist Church of Junction City</b></p>               | <p>Ph: (785) 238-2156</p> <p><a href="http://www.facebook.com/FUMCJunctionCityKs">www.facebook.com/FUMCJunctionCityKs</a></p> <p><a href="http://www.jc1stumc.com/">www.jc1stumc.com/</a></p>  | <p><b>NO WALK-INS</b><br/>T-F<br/>9:00am - 3:00pm</p> <p>Church staff is available by ringing the buzzer at the entrance or by phone.</p> | <p>The United Methodist Church food pantry is closed.</p> <p>A Give-and Gather tote is available at the church entrance during office hours, with items available for pick-up or for donation drop-off. A limited number of United Way meal kits and grocery card applications are available in the tote each day.</p>  |
| <p><b>Geary County Food Pantry, 135 W. 3<sup>rd</sup> St., JC</b></p>      | <p>Ph: (785) 762-8830</p> <p><a href="http://www.facebook.com/gearycofoodpantry/">www.facebook.com/gearycofoodpantry/</a></p> <p>Call the pantry if you have questions. No one will be turned away. The Pantry asks that all visitors wear a facial mask and gloves. Gloves are available on the cart.</p> <p>Guests are asked to practice social distancing on the sidewalk outside the Food Pantry by lining up in the designated areas.</p> | <p>Emergency Food Kits available.</p> <p>Mon and Thurs 9:00-11:30am</p> <p>Tuesday 5:30-7:00pm</p>  | <p>You must be registered with the Food Pantry to receive items.</p> <p>To be registered, please complete an application and provide this information:</p> <ul style="list-style-type: none"> <li>• Name and address</li> <li>• Date-of-birth</li> <li>• Children’s full names with ages and ethnicity/race.</li> <li>• A photo ID</li> </ul> <p>Applications and instructions can be found on the cart outside the Pantry.</p> |
| <p><b>Free Food Pantry, 10th and Franklin St., JC</b></p>                  | <p>A free food pantry is located at the corner of 10th and Franklin Streets in Junction City, on the west side of the Fraternal Order of the Eagles Aerie #830. Take what you need...give what you can.</p>  | <p>Thank you to the FOE #830 President and Secretary for allowing the pantry to be located near the Aerie</p>                             | <p>Three caring Geary County coworkers collaborated to build a free food pantry. Food can be picked-up and non-perishable food donations can be dropped off at the pantry at any time.</p>  |
| <p><b>Free Food Pantry Blessings Box 639 W. 8<sup>th</sup> St., JC</b></p> | <p><a href="https://www.facebook.com/Junction-City-Blessings-Box-104248171262645/">https://www.facebook.com/Junction-City-Blessings-Box-104248171262645/</a></p> <p>A free food pantry is located in the alleyway behind 639 W. 8th. Donations can be added to the box or dropped off.</p>   | <p>Requesting individual servings, packets, or cups</p>   | <p><b>The Blessings Box has been quite busy the last several weeks and could use some replenishing! Please see their Facebook page for donation suggestions.</b></p> <p>Junction City Pet Pantry:<br/><a href="https://www.facebook.com/Junction-City-Pet-Pantry-104240911497883/">https://www.facebook.com/Junction-City-Pet-Pantry-104240911497883/</a></p>   |

**Geary County Health Department**

Ph: (785) 762-5788  
[www.gearycounty.org/1398/Health-Department](http://www.gearycounty.org/1398/Health-Department)

Geary County Resolution, effective October 18, 2020.  
<https://www.gearycounty.org/DocumentCenter/View/837/Geary-County-Resolution-10-13-2020-implementing-health-order-signed-copy-2020-10-13-165356?bidId=>

Drive-through COVID-19 testing available by appointment only. COVID-19 calls are accepted M-F, 9:00am to 6:00pm. If you are experiencing symptoms, please call your primary healthcare provider for further information.

For a KDHE list of COVID-19 vs Flu vs Cold vs Allergies list of symptoms:  
<https://www.gearycounty.org/1418/Novel-Coronavirus-COVID-19>

**Geary County K-State Research & Extension**

Ph: (785) 238-4161  
Deb Andres, Family & Consumer Sciences Agent, [dandres1@ksu.edu](mailto:dandres1@ksu.edu)

<https://www.facebook.com/gearycountye xtension/>

[www.geary.k-state.edu/health-home-family/](http://www.geary.k-state.edu/health-home-family/)

Call for appointment or services.

Clients screened at the door for COVID-19 before entry.

If you do not have a primary healthcare provider, call Konza Prairie Community Health Center at 785-238-4711.

Mon – Fri  
8:00am-  
5:00pm

Please follow social distancing guidelines as posted on the exterior door.

**Geary County Overview:**  
**(updated 12/16/2020:**  
**Positive Cases: 1,477**  
**Hospitalizations: 10**  
**Negative Tests: 6,987**

To view the Weekly Kansas Governor's Report from the White House:  
<https://www.gearycounty.org/DocumentCenter/View/903/Kansas-12620?bidId=>

How to Select, Wear, and Clean Your Mask.  
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>

**Food poisoning or foodborne illness is more common than you think. Health experts estimate more than 33 million cases may occur in the U.S. every year. Many cases of foodborne illness are not reported, but most occur in a home setting.**

**Good hand washing habits can help keep you and your family healthy.**

- Use soap and warm running water
- Wash your hands, fingers, and wrists for 20 seconds
- Rinse well
- Dry your hand with a paper towel

For more information, visit the K-State Rapid Response Center:

<https://www.geary.k-state.edu/health-home-family/nutrition-food-safety.html>

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| <p><b>Geary County K-State Research &amp; Extension SNAP-Ed</b></p>                                      | <p>Ph: (785) 238-4161</p> <p><b>Kansas SNAP-Ed Program Information:</b><br/> <a href="http://www.hhs.k-state.edu/ks-snaped/">www.hhs.k-state.edu/ks-snaped/</a></p> <p><b>SNAP-Ed Nutrition Educators:</b><br/> Courtney Angelo<br/> <a href="mailto:cjangelo@ksu.edu">cjangelo@ksu.edu</a></p> <p>Ann Katt<br/> <a href="mailto:amkatt1@ksu.edu">amkatt1@ksu.edu</a></p> | <p>Mon-Fri<br/> 8:00am to<br/> 5:00pm</p> <p>Available as a food and nutrition resource.</p> | <p><b>COVID-19 Resource Guides and SNAP-Ed Newsletters</b><br/> <a href="https://www.geary.k-state.edu/health-home-family/family-nutrition-program.html">https://www.geary.k-state.edu/health-home-family/family-nutrition-program.html</a></p> <p>Adult nutrition education Zoom classes, <i>Eat Smart Move More</i>, will be available in January. Please contact the SNAP-Ed office by email for more information.</p>   |
| <p><b>Geary County Senior Center</b></p>   | <p>Ph: (785) 238-4015<br/> <a href="mailto:gc@seniors.kscoxmail.com">gc@seniors.kscoxmail.com</a></p> <p><a href="http://www.facebook.com/gearycountyseniorcenter/">www.facebook.com/gearycountyseniorcenter/</a></p> <p>Contact the Center for information about services.</p>   | <p>Mon-Fri<br/> 8:00am to<br/> 4:00pm</p> <p>Lunch is served at noon.</p>                    | <p><b>Holiday meal, December 22. The Center is closed on Christmas day.</b></p> <p>The Senior Centers asks that everyone follow social distancing guidelines and that you wear a mask when possible.</p>  |
| <p><b>JC Church of the Nazarene</b></p> <p><b>House of Hope</b></p> <p><b>Living Waters Ministry</b></p> | <p>Ph: (785) 762-4402.<br/> Email: <a href="mailto:jcnaz@jcnaz.org">jcnaz@jcnaz.org</a></p> <p><a href="http://www.facebook.com/jcnazchurch">www.facebook.com/jcnazchurch</a></p> <p><a href="http://www.jcnaz.org/">www.jcnaz.org/</a></p> <p>For services, please call the church office, message at the JCNaz Facebook page, or send an email.</p>                     | <p><b>To-go Christmas meals, December 25 11:00am – 12:30pm JCNaz parking lot</b></p>         | <p><b>20<sup>th</sup> Annual Christmas Meal!</b></p> <p><b>Due to COVID, the Christmas meal will look a little different this year. JCNaz is offering FREE To-Go Christmas meals.</b></p> <ul style="list-style-type: none"> <li>• Pickup from 11:00am to 12:30pm in the JCNaz parking lot (1025 S. Washington St.) on Friday, December 25.</li> <li>• Please call JCNaz (785-762-4402) to reserve meals.</li> <li>• If you are homebound or have to work, the Church will bring deliver the meal to you.</li> <li>• Deadline to reserve meals is December 23.</li> </ul> |

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| <p><b>Junction City Area Chamber of Commerce</b></p>   | <p>Ph: (785) 762-2632</p> <p><a href="http://www.junctioncitychamber.org/covid-19-news.html">www.junctioncitychamber.org/covid-19-news.html</a></p>   | <p>Mon-Fri<br/>8:00am to<br/>5:00pm</p>  | <p>COVID-19 Local News and Information. Assistance programs, local announcements, Ft. Riley, USD475, and Chamber of Commerce news. Resources for businesses, individuals and families.</p>   |
| <p><b>Junction City Department for Children and Families, 1010 W. 6<sup>th</sup> St., JC</b></p> | <p>Ph: (785) 762-5445</p> <p><a href="http://www.dcf.ks.gov/COVID19/Pages/default.aspx">www.dcf.ks.gov/COVID19/Pages/default.aspx</a></p> <p><b>To apply for services:</b><br/><a href="http://www.dcf.ks.gov/services/ees/Pages/Food/FoodAssistance.aspx">www.dcf.ks.gov/services/ees/Pages/Food/FoodAssistance.aspx</a></p> <p>Clients can apply for benefits in-person, online or pick-up paper applications outside of the service center. Completed applications can be left in the drop box outside the service center.</p> <p>In Kansas, the objectives of SNAP-Ed are to:</p> <ul style="list-style-type: none"> <li>• Improve dietary quality by providing information on the Dietary Guidelines and MyPlate</li> <li>• Increase fruit and vegetable consumption</li> <li>• Increase food resource management skills</li> <li>• Increase participation in physical activity</li> </ul> <p>increase food security by taking advantage of food assistance benefits</p> <p><u><a href="#">How can I get food preparation and nutrition information?</a></u> Newsletters are sent to food assistance households. Recipients are also encouraged to attend food and nutrition classes and workshops. Youth are also taught nutrition in Head Start and pre-school facilities, school classrooms, churches, community centers, and in summer school programs. To locate your local Extension Office for more information, visit: <a href="https://www.hhs.k-state.edu/ks-snaped/about-snap-ed/ks-county-contacts.html">https://www.hhs.k-state.edu/ks-snaped/about-snap-ed/ks-county-contacts.html</a></p> | <p>The DCF office in Junction City is open to the public.</p> <p>Mon-Fri<br/>8:00a.m.-<br/>5:00p.m</p> | <p><u><a href="#">How can you attain FREE classes on nutrition, cooking and physical activity? And why does it make a difference?</a></u> Nutrition education is an important part of the Food Assistance Program. It is meant to help food assistance participants and others choose healthy foods and maintain an active lifestyle. It can also help them stretch their food dollars with easy meals. The State of Kansas works with K-State Research and Extension to provide the SNAP-Ed program, including free classes on nutrition, cooking and physical activity. For more information, visit <a href="https://www.hhs.k-state.edu/ks-snaped/">https://www.hhs.k-state.edu/ks-snaped/</a></p> <p><u><a href="#">How can Nutrition information help?</a></u> USDA studies show that many low-income households do not know the facts about good dietary practices. Approximately 65% of adults in America and 16% of children and adolescents are overweight, putting them at risk for serious health problems, including heart disease, hypertension, diabetes and some cancers. <a href="http://www.dcf.ks.gov/services/ees/Pages/Food/FoodAssistanceNutritionEd.aspx">http://www.dcf.ks.gov/services/ees/Pages/Food/FoodAssistanceNutritionEd.aspx</a></p> |

**Konza Prairie  
Community  
Health & Dental  
Clinic**

Ph: (785) 238-4711

[www.kpchc.org](http://www.kpchc.org)

[www.facebook.com/kpchc/](https://www.facebook.com/kpchc/)

[www.konzaprairiechc.com/covid-19v3.html](http://www.konzaprairiechc.com/covid-19v3.html)

Patients may receive information through the patient portal.

Drive-through COVID-19 testing available by appointment only. COVID-19 calls are accepted:

M-TH, 8:00am to 5:30pm

FRI, 8:00am to 2:00pm

All healthcare services now available at Konza with multiple convenient ways to access care including in clinic, curbside, and telehealth. All patients and staff are screened at the door. Konza pharmacy patients can receive prescriptions through the mail or curbside delivery at no additional charge.

Konza provides affordable, quality, comprehensive medical, dental, and behavioral healthcare for all in a professional and personalized manner.

All insurances accepted.

No insurance?

No problem.

Konza provides care for all, with a sliding fee scale of discounts based on income.

Konza is now scheduling all dental services including routine exams and hygiene.

Have you gotten your flu shot yet? Call Konza today at 785-238-4711 to get it scheduled.

**WIC is a hand up—not a handout. So you can always be the best parent for your family.**

**WIC es una ayuda, no una limosna. Así siempre podrás ser la mejor mamá para tu familia.**

**Did you know that frozen fruits and vegetables are just as healthy as fresh ones? They're usually frozen right after picking, so they keep all of their nutrients. And you don't have to worry about eating them right away.**

**¿Sabías que las frutas y verduras congeladas son tan saludables como las frescas? A menudo las congelan poco después de la cosecha, de modo que retienen todos sus nutrientes. Y no tienes que preocuparte de comerlas pronto.**

Not sure if you qualify for WIC? You may be surprised! Spread the word and tell your friends! Visit [signupwic.com](http://signupwic.com) for more info.

¡Muchas mamás no saben que pueden recibir WIC! ¡Corre la voz y cuéntales a tus amigas! Diles que averigüen en [signupwic.com](http://signupwic.com).

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| <p><b>Live Well Geary County – LWGC</b></p>      | <p><a href="http://www.livewellgearycounty.org/">www.livewellgearycounty.org/</a></p> <p><a href="https://www.facebook.com/livewellGC/">www.facebook.com/livewellGC/</a></p> <p>Interactive map for free food resources:<br/> <a href="http://www.livewellgearycounty.org/free-food-resources?fbclid=IwAR1hiS_TmlgL_o1VbZBoJKrxOcRLJfiFVGZSGB58G6lp86N_qiZZ3HY8C5s">www.livewellgearycounty.org/free-food-resources?fbclid=IwAR1hiS_TmlgL_o1VbZBoJKrxOcRLJfiFVGZSGB58G6lp86N_qiZZ3HY8C5s</a></p> | <p>At LWGC, we are developing dynamic, community-based strategies to improve the health of our community residents.</p>  | <p><b>Free Quick Meals for Busy Families Healthy Cooking Zoom Classes!</b></p> <ul style="list-style-type: none"> <li>• <b>Beginning February 2021.</b></li> </ul> <p><b>Watch for online signup information or email at <a href="mailto:livewellgearycount@gmail.com">livewellgearycount@gmail.com</a></b></p>  |
| <p><b>LWGC – Geary County Farmers Market</b></p> | <p>Ph: (785) 380-8998</p> <p><a href="https://www.livewellgearycounty.org/farmers-market">https://www.livewellgearycounty.org/farmers-market</a></p> <p><a href="https://www.facebook.com/GearyCommunityFarmersMarket">www.facebook.com/GearyCommunityFarmersMarket</a></p> <p>Keep following this page to stay connected with us as we plan for next year.</p>  | <p>THANK YOU!</p> <p>To our farmers, crafters, and makers for bringing your excellent homegrown and handmade products to our community.</p> <p>To our customers for supporting local small businesses.</p> | <p>The Geary Community Farmers Market is done for the season, but they have made it easier for you to connect with your favorite farmers and makers: Visit the LWGC Farmers Market website to find your favorite vendors and products during our off-season.</p> <p>You will also find many of the vendors at the Farmers Market of Manhattan on Saturdays, 9 am - 1 pm, through December. Check the MHK market's Facebook page for details.</p> |
| <p><b>Open Door</b></p>                          | <p>Ph: (785) 238-3599</p> <p><a href="https://www.facebook.com/Open-Door-116745611717853/">www.facebook.com/Open-Door-116745611717853/</a></p> <p>Phones are answered 24-hours. Voicemail is available if staff is away and calls will be returned.</p> <p>The facility is disinfected hourly.</p> <p>Sanitation stations are available throughout the facility and sterile thermometers are available to clients.</p>   | <p>In Person Admittance:</p> <p>M-F<br/> 9:00 -4:00pm<br/> and<br/> 5:30 -8:00pm</p> <p>Saturday<br/> 9:00am - 6:00pm.</p> <p>Sunday<br/> 1:30pm - 6:00pm</p>  | <p>Clients must first go to the Health Department to screen for symptoms.</p> <p>Clients will then go to the JC Police Station with valid ID to request admittance form to the Open Door.</p> <p>Clients will present the form to Open Door staff in order to stay at the facility.</p>  |

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| <p><b>Geary County Sheriff's Department – Helping Hands Program</b></p> | <p>Ph: (785) 238-2261</p> <p><a href="https://www.facebook.com/GearyCountySheriffsDepartment/">www.facebook.com/GearyCountySheriffsDepartment/</a></p> <p><a href="https://littleapplepost.com/posts/5e7a1501afae0f4d5f5dfcdf">https://littleapplepost.com/posts/5e7a1501afae0f4d5f5dfcdf</a></p>   | <p>M-F<br/>8:00am - 4:00pm</p> <p>Call for services.</p>   | <p>Delivery program for: pre-ordered and pre-paid prescription delivery, essential food items, other necessary medical deliveries. Service available for elderly, handicapped, and high-risk individuals for COVID-19 with limited transportation.</p>   |
| <p><b>Pawnee Mental Health Services,</b></p>                            | <p>In Junction City:<br/>814 Caroline Ave<br/>(785) 762-5250<br/>FAX: (785) 762-2144</p> <p>1735 West Ash Street<br/>(785) 238-1085<br/>FAX: (785) 587-4378</p> <p>24-hour Crisis Hotline:<br/>Ph: (800) 609-2002<br/><a href="http://www.pawnee.org">www.pawnee.org</a></p> <p><a href="http://www.pawnee.org/covid-19">www.pawnee.org/covid-19</a></p> <p>Pawnee Mental Health Services is the official community mental health center for Junction City/Geary County. Pawnee offices are open to the public for appointments. Call (785) 587-4300 for further information on the guidelines.</p> | <p>814 Caroline Ave,<br/>Monday 8am - 5pm<br/>Tues-Thurs 8am - 8pm<br/>Wednesday 8am - 6pm<br/>Friday 8am - 5pm</p> <p>1735 West Ash Street:<br/>Mon - Fri 8am - 5pm</p>         | <p>During these uncertain times, we must all take steps to care for ourselves, manage our emotions, care for our families and remind each other that individually and together we are incredibly resilient. A way for you to care for yourself and your family is to seek help when you are struggling to adapt to the issues we are now facing.</p> <p>Please call to inquire what service choice will be best for your individual situation.</p> |
| <p><b>United Way of Junction City</b></p>                               | <p>Ph: (785) 238-2117<br/>Nichole Mader, Director<br/><a href="mailto:director@unitedwayjcgc.org">director@unitedwayjcgc.org</a></p> <p><a href="https://www.facebook.com/unitedwayjunctioncitygearyco/">www.facebook.com/unitedwayjunctioncitygearyco/</a></p> <p>TEXT: UWJCGCSTB to 44-321 to donate.</p> <p>Families receive assistance once every 30 days.<br/>Apply online:<br/><a href="http://www.unitedwayjcgc.org/apply-assistance">www.unitedwayjcgc.org/apply-assistance</a></p>   | <p>Office hours:<br/>Mon-Fri<br/>8am -3pm</p> <p>Donations can be made online or mailed to: PO Box 567 Junction City KS<br/>or in person at<br/>139 E. 8th, Junction City KS</p> | <p>United Way of JC/GC, in partnership with Catholic Charities of Northern Kansas, will provide grocery assistance to qualifying residents of Geary County. All Geary County residents are eligible to apply for a grocery gift card as part of this program. Application does not guarantee approval. Gift cards are reliant on funding availability.</p>   |

## USD 475 Schools

Ph: (785) 717-4000

<http://www.usd475.org/>

For Geary County USD 475 Child Nutrition Department Information:

<http://usd475nutritionservices.org/>

For COVID-19 Student Health Procedures:

<http://www.usd475.org/covid-19-student-health-procedures/>

For Safety Precautions for 2020-21 School Year:

<http://www.usd475.org/wp-content/uploads/2020/07/COVID-Processes-FINAL.pdf>

In collaboration with the GECO Health Department, the USD 475 school district asks that if your children have been in direct contact with someone with COVID-19, if they are waiting for the results of a test or are positive for COVID-19, please call the GECO Health Department (785-762-5788) as soon as possible. This will enable contact tracing and isolation/quarantine orders to be given so that the student's absence is justified. This will help both USD 475 and the GECO Health Department contain COVID-19.

Free virtual tutoring is available for students.

**Winter Break  
December 21  
through  
January 1.  
School  
resumes  
January 4,  
2021.**

\*All schools allow remote learner lunch pickup from 10:30 to 11:30 am.

Starting date for school, August 31.

The school year will end June 10, 2021.

<http://www.usd475.org/2020/06/03/2020-2021-school-year-calendar/>

USDA announced the continued extension of nationwide flexibilities that allow free school meals for all children throughout the entire 2020-2021 school year.

Breakfast and Lunch meals are being provided free to all USD 475 students starting immediately, regardless of whether the student qualifies for free or reduced price, or pays full price. Students do not need to do anything special to receive free meals. The free meals will apply to in-person students as well as remote learners, and all grades from Pre-K to 12th.

District students can pick up food from any school. The only requirement is that the student be enrolled in the District. The federal food program contains an accountability requirement, that the child must be seen in order for a meal(s) to be distributed. The program does allow for a waiver from the Food Service Director when the need is deemed legitimate and documented accordingly. If you are seeking of a waiver, please contact Shelly Gunderson at (785) 717-4061.



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| <p><b>WIC (Women, Infant &amp; Children Program)</b></p> | <p>Konza Community Health Center<br/>361 Grant Ave, Junction City, KS<br/>Ph: (785) 762-5682<br/><a href="http://www.kpchc.org">www.kpchc.org</a></p> <p><a href="http://www.facebook.com/kpchc/">www.facebook.com/kpchc/</a></p> <p>Geary County Health Department<br/>1212 W Ash St, Junction City, KS<br/>Ph: (785) 762-5682<br/><a href="http://www.gearycounty.org/1398/Health-Department">www.gearycounty.org/1398/Health-Department</a></p> <p>Fort Riley WIC<br/>650 Huebner Rd. Ft. Riley<br/>785-239-2288</p> <p>Families receiving State of Kansas insurance or SNAP benefits qualify for WIC. People experiencing layoffs due to COVID-19 may now qualify for WIC benefits.</p> | <p>Call for an appointment</p> <p>WIC recipients can drive to the locations for curbside delivery of their WIC cards, or they may choose to receive cards in the mail (usually within 7-10 days).</p> | <p>A great reason to stay on WIC until your child turns 5: WIC benefits provide fruits, vegetables, cereals, milk, and other staples. We also offer free nutrition classes, breastfeeding support, referrals, and more.</p> <p>Agencies can continue with phone visits until further notice. Please call for more information.</p> <p>Kids who participate in WIC are more likely to receive regular healthcare and get fewer childhood illnesses like ear infections, stomach viruses, and colds.</p> <p>We are spreading the health! WIC's benefits extend throughout communities. When stores participate as WIC vendors, healthy foods are available to all families in the community.</p> |
| <p><b>Wheels of Hope</b></p>                             | <p>Ph: (785) 238-2156<br/><a href="http://www.facebook.com/JCWheelsOfHOPE/">www.facebook.com/JCWheelsOfHOPE/</a></p> <p>Please send a message at the Wheels of HOPE Facebook page for more information.</p> <p>This pantry is not open to the public.</p>   | <p>Scheduled distribution:</p> <p><b>January 21<br/>5:00pm</b></p>  | <p>Volunteers wear gloves, masks and follow social distancing by loading items in trunks.</p> <p>Mobile food pantry for children and families in Geary County who meet qualifications for supplemental food.</p>   |
| <p><b>YMCA</b></p>                                       | <p>Ph: (785) 762-4780<br/>1703 McFarland Rd. JC<br/><a href="mailto:jcymca@1703.coxmail.com">jcymca@1703.coxmail.com</a></p> <p><a href="http://www.junctioncityfamilyymca.com/index.html">www.junctioncityfamilyymca.com/index.html</a></p> <p><a href="http://www.facebook.com/JunctionCityFamilyYmca/">www.facebook.com/JunctionCityFamilyYmca/</a></p>  | <p>M &amp; W<br/>6:00am -8:00pm<br/>T &amp; TH<br/>8:00am -8:00pm<br/>FRI<br/>6:00am 7:00pm<br/>SAT<br/>2:00pm -5:00pm<br/>Sun/closed.</p>  | <p>Please follow us on Facebook for the most current information.</p>  |